



## H1N1 Vaccination Update:

The U.S. Food and Drug Administration (FDA) has approved the H1N1 flu vaccine for 2009. The vaccine will be distributed nationally when the initial lots become available by mid-October.

According to the FDA, and based on preliminary data from adult vaccine trials, the 2009 H1N1 vaccine induces a robust immune response in most healthy adults eight to 10 days after a single dose, as occurs with the seasonal influenza vaccine.

Clinical studies now underway will provide additional information about the optimal dose in children. The recommendations for dosing will be updated if indicated by findings from those studies. The findings are expected in the near future.

Individuals with severe or life-threatening allergies to chicken, eggs, or any other substance in the vaccine should not be vaccinated.

The CDC recommends that those who are in the high-risk groups receive the vaccine immediately when it becomes available. This includes pregnant women and those with asthma, those who are obese, and those with other chronic disease.

As a reminder, the H1N1 influenza vaccine will not protect from the seasonal flu, and vice versa. The CDC urges every person to receive the seasonal flu vaccine as soon as possible and the H1N1 flu vaccine when they are eligible.

For information on how to run a school-located vaccination clinic, please see the CDC's guidance at <http://www.cdc.gov/h1n1flu/vaccination/slv/planners.htm>. The NEA Health Information Network has developed an at-a-glance reference for this document, available at: [www.neahin.org/h1n1](http://www.neahin.org/h1n1).

*Created on September 18, 2009 by Édeanna M. Chebbi, NEA Health Information Network*

